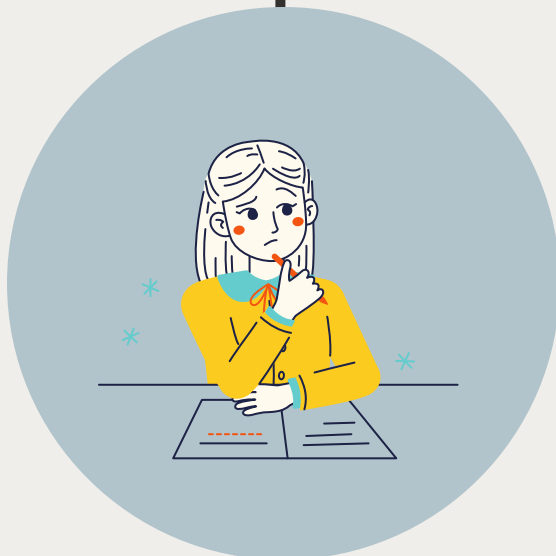




The blank page paralysis

*3 effective tips to get over the
blank page scare.*



The Fear is Real

Ever procrastinate writing something just because the page is blank? That silent, blinking cursor can feel like a personal attack.

Kind of like sitting on a therapist's couch for the first time, not knowing where to start.

(At least that's how they show it in movies.)





1

Start With Your “Why”


Before anything, ask yourself:
Why do I want to write this?

Let’s say it’s a car review.

→ Is it your favorite car?

→ Is it a new model launch?

Your “why” unlocks your story — and
your voice.





Draw from your story.

Once you know the “why,” draw from
your life.

Start casually:

*“I came across the new [car model]
and thought...”*

Boom — now you’re not blank.

You’re writing from somewhere.





3

Start With Your “Why”

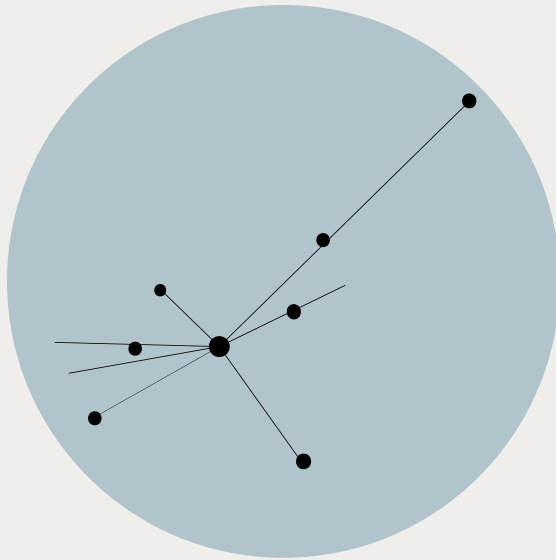
Now build momentum. Don't aim for perfection.

- Write bullet points.
- Use quick notes.
- Keep sentences short.

Example for a car post:

- Electric city car
- First model from this brand
- 122 hp turbo engine
- 300+ km range





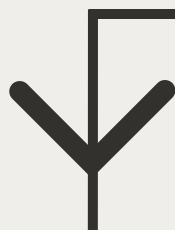
Now, Connect the Dots

Take those bullet points and form full thoughts.

Use basic connectors like:

and, so, but, because, while, although

You'll be surprised how easily the flow begins.



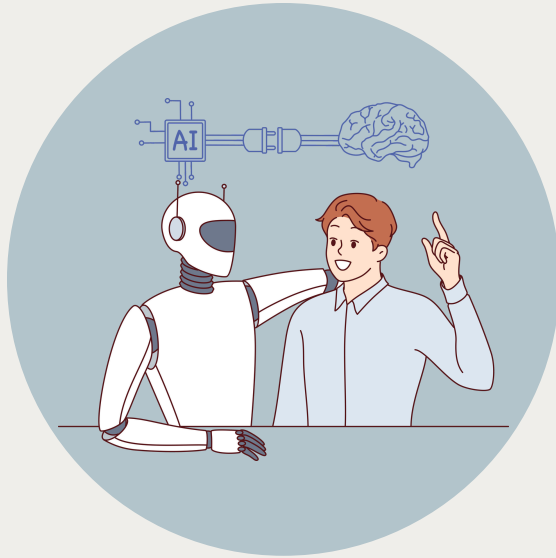


Google still exists...

Search similar topics or reviews.

Chances are, someone's said something
that clicks with you —
Then you can add your take to it.





Use AI to Refine

Let AI clean things up – grammar, spelling, tone.

But don't let it tell you what to write.

You bring the story.
AI brings the polish.





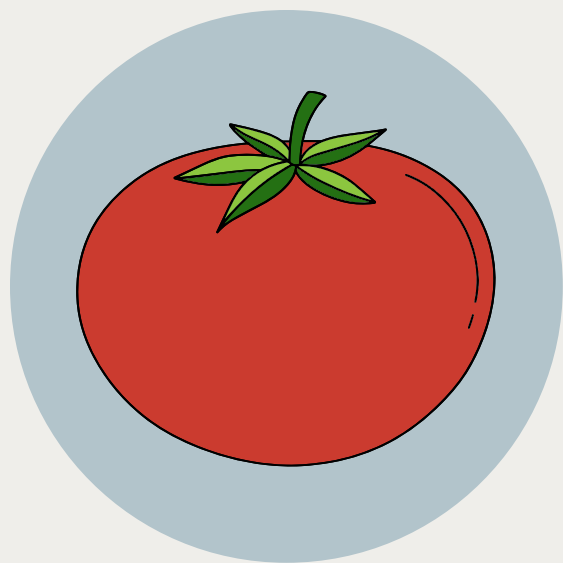
You're no longer stuck.

Congrats! You've got:

- ✓ A direction
- ✓ Notes to expand
- ✓ Your unique voice in motion

Better than staring at a blank screen for hours, right?





BONUS Tip: Focus Time

Create focus time. Try the Pomodoro
Technique

Write for 25 minutes straight
Take a 5-minute break
Repeat 2-4 times

You'll be amazed at how much you
actually get done.





You got this.

Writing isn't about perfection — it's about starting.

Reshare this with a friend who's stuck on the blank page.

Or save it for your next writing block.